

COMPLEMENTARY TRAINING MANUAL FOR USERS

SKILL DEVELOPER: Association ARID

NAME OF THE SKILL: LEADERSHIP AND SOCIAL INFLUENCE

Leadership is understood as an ability to influence the behaviour of employees in order to achieve specific goals. Leadership is based on an authority of a particular person which is accepted by employees. Leadership is connected with planning the direction of activities, elaborating the vision of the future and with shaping people's actions. In leadership it is very important to have skills like motivating and inspiring people, releasing energy in a team. Leadership is necessary in the process of creating changes and gaining results. It is good to know that leadership stems from social influence, not from authority or power. A good leader uses social influence to organize and maximize the efforts of others.

COMPETENCES:

- Application of leadership skills in a workplace
- Improvement of productivity of a team thanks to a good leadership
- Development of social influence skills

OBJECTIVES:

- See the differences between leadership and management
- Understand the role of social influence in leadership
- Learn about features of a good leader
- Notice difficulties in a role of a leader
- Learn about various styles of leadership

OUTCOMES:

- Develop leadership in a workplace
- Realize features of a good leader in a team
- Use social intelligence in organizing a work of a team
- Use social intelligence in maximize effects of people's work

INFO ABOUT THE EXPERT:

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Short bio: She has a PhD degree in social sciences. She is a mediator, psychotherapist, social skills and leadership trainer. Certified supervisor of social work. She has over 25 years of professional experience in social services and managing social services organizational units.

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The company: Pontifical University of John Paul II in Cracow is a Catholic university headquartered in Cracow. The university conducts research and teaching activities at six faculties: Philosophy, Theology, History and National Heritage, Social Sciences, Canon Law and out-of-town Theology (in Tarnów).

HOW TO IMPROVE THIS SPECIFIC SKILL:

- Link to the podcast:
 - <http://lacjum.8p.pl/fs2022/IO1/pod/7/1.mp3>

- Bibliography:
 - *Improving organizational effectiveness through transformational leadership.* B. Bass, B.J. Avolio (1994).

 - What is Leadership?
<https://www.forbes.com/sites/kevinkruse/2013/04/09/what-is-leadership/#1ef374375b90>

 - Przywództwo.
<https://mfiles.pl/pl/index.php/Przyw%C3%B3dztwo>

- Videography:
 - How to Establish Yourself as a Leader – 9 Leadership Tactics
https://www.youtube.com/watch?v=R2qu_j6GAG8



- HOW TO BE A LEADER – Motivational Speech By Simon Sinek
<https://www.youtube.com/watch?v=urrYhnaKvy4>
- Jordan Peterson's guide to leadership
<https://www.youtube.com/watch?v=XWVwFVgA4b4>

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